

SOUTH NEPEAN COMMUNITY HEALTH CENTRE



What is STIGMA?

Join us in discussing and learning about mental health stigma



CULTURE / DIVERSITY

Would you like to know more about different cultures?

DIVERSITY

KNOWLEDGE

AWARENESS

SENSITIVITY

RESPECT

COMMUNICATION



Where:

4100 Strandherd Dr.
Suite 201

When:

Friday April 24th 6– 8pm

Contact:

Zainab by email @
z.alali@pqchc.com
or Susan 613-288-2825
extn. 2144

COME AND SPREAD THE WORD!

LEARN about MENTAL HEALTH STIGMA AND RAISE
INTERCULTURAL AWARENESS

GAIN EXPERIENCE + VOLUNTEER HOURS

BECOME A LEADER

Community
Foundation of
Ottawa



Fondation
communautaire
d'Ottawa

For good...forever

Le bien...toujours



South Nepean Satellite
Community Health Centre

Centre de santé communautaire
satellite-Sud Nepean